

# Community News Sheet

Update on community issues

April 2019

## Welcome

Welcome to the April edition of Stirling Council's Community News Sheet. This is a free news sheet from Stirling Council's Community Engagement Team which includes a variety of information gathered from different sources and organisations that we hope groups and communities will find useful. We endeavour to ensure all information is accurate and up-to-date. We can also include information about community activities and topics, please feel free to email us any contributions.

If you have any questions or would like to know more, please contact us: [communityengagement@stirling.gov.uk](mailto:communityengagement@stirling.gov.uk)

## Stirling's Participatory Budgeting

**Your Stirling: You Decide** is Stirling's version of Participatory Budgeting (PB), an initiative that gives local people a direct say in how a portion of Stirling Council's budget is spent.

**Your Stirling: You Decide** is the first cycle of this new form of democracy and it will give our citizens an opportunity to say what is important to them and decide on how a set amount of our budget is spent based on the priorities of their own communities.

This new process was launched in March 2019 and will be running between March 2019 and June 2019. Citizens across Stirling's seven electoral wards will have the chance to influence how to spend £700,000 of public money (£100,000 in each ward area).

In this first year, the focus is on infrastructure and environment projects and there are three simple steps to the process:

- **Stage 1: Your ideas** - The public generate ideas (4 March to 14 April) – Now Closed
- Ideas are worked up into more detailed proposals (15 April to 26 May)
- **Stage 2: Vote on the proposals** - People vote for their priorities. (27 May to 23 June)

During March and April 2019, the Council's Community Engagement Team have visited Community Councils, local groups and events across the region to help explain the process and encourage citizens to submit ideas or become a budget delegate (a member of the public who would like to represent the public on the project team and help to review ideas).

The deadline for submitting ideas closed on Sunday 14 April and more than 700 ideas were received as well as 30 expressions of interest from residents keen to be involved in the process as budget delegates.

The project team and budget delegates are now working together to finalise the proposals that will go forward to the voting stage.

If you would like more information, you can find all of the ideas that have been received on our web pages ([www.stirling.gov.uk/youdecide](http://www.stirling.gov.uk/youdecide)) and more details on how to vote will be published soon. You can also contact us at [youdecide@stirling.gov.uk](mailto:youdecide@stirling.gov.uk)

Proposals will be voted on. Anyone of high school age and above who live in the area can vote - the voting methods and tools are being developed. Information will be made available to everyone ahead of the Voting Stage.



## Scottish Resilient Communities Conference 2019

The Scottish Resilient Communities Conference 2019 will be held on Wednesday 11 September at the Scottish Fire and Rescue Service headquarters in Cambuslang, from 10am until 4pm, and early registration is encouraged.

The Scottish Resilient Communities Conference provides a space in which a wide range of people can meet, discuss and share experience about developing, supporting and sustaining resilient communities in Scotland. The 2019 programme will build on learning from previous conferences, challenges that communities have experienced and participants feedback from previous events.

This FREE one day event brings together communities, voluntary sector organisations, public sector emergency responders, and anyone with an interest in working collaboratively on building resilience.

Please register your interest in attending the conference at

<https://www.eventbrite.co.uk/e/scottish-resilient-communities-conference-2019-tickets-56334341532>

## Creative Breaks funding programme open now

The Creative Breaks programme provides 12 month grants to third sector organisations to develop and deliver short breaks projects and services for carers of adults (aged 21 years and over), young carers (caring for children or adults), and the people that they care for.

Short breaks activities can take many different forms – including breaks away (i.e. overnight stays, residential breaks), days out, and/or shorter sessions (i.e. regular activities). Activities must be designed to enable carers to have a life outside or alongside their caring role, and to support their health and wellbeing. Short breaks should also benefit the cared-for person and others (e.g. family members) and help sustain the caring relationship.

Short break activities can be for the carers, for the people they care for, or for both the carers and the cared-for people to enjoy together. To be eligible for Creative Breaks funding, projects must be able to evidence how their activities will benefit both the carers and the people they care for, by providing a break from their normal routine.

A total of £ 600,000 is available. Grants are for one year and will be awarded in October 2019. Maximum grant award is £50,000.

Full details including details of workshops to discuss your application is available at

<https://www.sharedcarescotland.org.uk/creativebreaks/>

**Deadline is 5pm Thursday 23 May 2019.**

## National Lottery Community Assets Fund closing on 4 October 2019

National Lottery has announced a timeline for the closure of its Community Assets Fund, which funds larger scale (up to £1M) development of community owned buildings and assets. **Friday 4 October 2019** will be the last chance to start the process of applying for these grants.

All applicants - including those who have already been advised to apply - will then need to submit an application consisting of a strategic plan and supporting documents by **31 March 2020**. The funding committee will make final decisions in June 2020.

National Lottery is sharing this timeline now, appreciating that these type of projects have long lead in times. If you are looking to apply please take note of the above dates!

If you have any further questions, you would like to talk to someone about your Community Assets idea or if you would like to know more about their other funding please email [advicescotland@tnlcommunityfund.org.uk](mailto:advicescotland@tnlcommunityfund.org.uk) or call them on 0300 123 7112.

## The Hilden Charitable Fund - Summer Play Schemes

The Fund has allocated a small budget to help community groups run summer play schemes for disadvantaged communities. Some priority will be given to projects which are community based initiatives for disadvantaged young people aged 16-25.

**The next deadline is 4 June 2019. For more information, please visit the Fund's website**

<http://www.hildencharitablefund.org.uk/>

## New programme from The Advisory Group (TAG)

The Advisory Group is a social inclusion charity run by and for people with disabilities.

TAG has developed a new programme which will enable people to explore Self Directed Support (SDS) and all of the choices and options this can afford them. Building upon previous success the programme's aim is to highlight and provide a range of user led community activities. All courses and activities are free of charge to participants.

The programme consists of a series of free courses and programmes which encourages people to explore community assets and breaks down the jargon of SDS. Following the *Outcomes for Living* course the programme will deliver a series of fully interactive and fun workshops for Outcome Focussed Planning. This programme is beneficial for support staff, families, carers and individuals and will ultimately enable people to identify, plan and work towards achieving their own personal outcomes. In addition to the training courses, TAG are running Meet and Greet sessions which are central for exploring shared interests within the communities.

For further information please visit TAG's website at: <http://www.theadvisorygroup.org.uk/>

## Free Training - The Essential Trustee - What you need to know? What you need to do?

Stirlingshire Voluntary Enterprise (SVE) are offering free training on the general duties and responsibilities of a charity trustee. The training will be held on Thursday 23 May 2019 at Jubilee House, Forthside Way, Stirling, FK8 1QZ, from 10.30am until 1.30pm.

The workshop is suitable for new trustees who wish to find out more about their duties and responsibilities in terms of the governance of charities. Good governance is about more than ticking boxes and ensuring you have the right policies and procedures in place. It's also about culture, behaviour and leadership. It's about how trustees make decisions, how well they understand their organisation and why it exists. If you have good governance in place your organisation will grow and flourish. This workshop aims to get you started in this process.

To book a place please click on link. <https://the-essential-trustee.eventbrite.co.uk>

## Stream a live concert at your Community Hall – Monday 6 May 2019

The Hebrides Ensemble are keen to reach audiences in rural locations who are unable to attend their concerts in person. For the past three years they have been live streaming their concerts from Perth Hall (for free), and the next one is coming up on Monday 6 May at 1pm.

They are keen to hear from Community Halls who would like to stream this and future concerts so that people can enjoy amazing live music in a communal setting, wherever their communities may be.

If you are able to access an internet connection of 2Mbps or more and have a large screen TV or a projector and screen, you should be able to deliver a fabulous live music experience.

For a taste of what's in store, all of the Hebrides Ensemble's live-streamed concerts are available to watch on their website [www.hebridesensemble.com](http://www.hebridesensemble.com) and Vimeo site <https://vimeo.com/hebridesensemble>

If you are interested, please contact Digital Producer Gill Davies at [gill.davies@gmail.com](mailto:gill.davies@gmail.com)



February was LGBT History Month with the last Friday of the month being referred to as **Purple Friday**; a day to stand against homophobia, biphobia and transphobia. This was the second year that Stirling Council's Youth Team has celebrated & promoted **Purple Friday** with young people, professionals and partners.

This year's theme was to promote - support for equality and celebrate difference by encouraging young people & professionals to be a **CATALYST** for taking action; standing for equality and inclusion to help make Scotland the best place for LGBTI+ young people to grow up.

The Youth Team asked various stakeholders in the Raploch Campus as well as the Youth Team's Youth Groups and Projects across Stirling to sign the Transgender PRIDE flag, using items such as PRIDE face paints and badges as resources to share and highlight LGBTI+ awareness and to promote this year's **CATALYST** theme.

The Youth Team are delighted to say that **222** young people engaged in sessions based around highlighting **Purple Friday** throughout the January – March 2019 quarter. Celebrating **Purple Friday** also counts towards the Youth Team attaining the LGBT Charter in conjunction with LGBT Youth Scotland as it involves the Youth Team undertaking a campaign that directly addresses prejudice and discrimination.

If you are receiving this News Sheet you are part of the Community Engagement Team's mailing list. We collect, use and store your information in order to support the community development needs of you and your organisation.

Your information will be kept secure and not shared with other Council services or Partners. You have various rights with respect to your personal data, including the right to access a copy of what we hold about you; have it changed or removed. If you no longer wish to receive this information, please contact the Community Engagement Team on 01786 233076 or email [communityengagement@stirling.gov.uk](mailto:communityengagement@stirling.gov.uk)

# NHS Forth Valley ~ Stirling Striders

In 10 weeks go from 0 to 5km with positive support from Stirling Striders.  
All Staff, Patients and Visitors are Welcome ~ You Can Do It!

The Stirling Striders Jogging Group invite you to join them at their  
new session starting on:

Monday 13th May 2019 ~ 5:30 pm

at

Stirling Health & Care Village ~ Area beside the RVS Shop



Please go onto the Jog Scotland website:

***<http://jogscotland.org.uk/>*** and click on the tab to ***“Sign Up”***.

This will give you your own Jog Scotland membership no. Cost is FREE!

Wear clothes that you would be comfortable exercising in and  
wear a pair of running shoes/trainers.

***On the 13th May only - please meet at 5.15pm to complete paperwork.***

The Jog Scotland Leader at Stirling Health & Care Village is Ross Baird

*email: [stirlingstriders@outlook.com](mailto:stirlingstriders@outlook.com) website: <http://jogscotland.org.uk/>*

*Facebook page: <https://www.facebook.com/groups/2038189562885084>*

# REPAIR

8th May  
5-8 PM

Riverbank Resource  
Centre, James Street  
FK8 1TZ

# CAFE

BROKEN ITEMS? BRING THEM ALONG  
AND LEARN HOW TO FIX THEM. DROP IN  
ANY TIME

**SMALL ELECTRICAL** CLOTHES

JEWELLERY **CERAMICS** TOYS

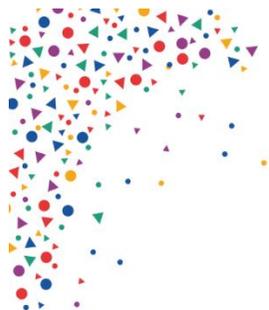


Part of the [repaircafe.org](http://repaircafe.org) network

FREE  
EVENT

TO FIND OUT MORE VISIT

[WWW.TRANSITIONSTIRLING.ORG.UK](http://WWW.TRANSITIONSTIRLING.ORG.UK)



**2019** Learning  
Disability  
Week



Streets Ahead are celebrating  
Learning Disability Week by holding a  
**Big Birthday Tea for Strathcarron**  
at their weekly Community Coffee Morning  
at the Bridge of Allan Parish Church  
on Thursday 16<sup>th</sup> May 2019  
at 10.30am

Riverbank Centre would like to invite you to  
join them on regular Friday Walk as part of  
celebrating Learning Disability Week  
on the 17<sup>th</sup> May 2019 at 1.15pm  
Our café is also open to the public for a  
lunch or light snack if you wish to purchase  
this and enjoy before the walk.

CELEBRATE  
the hospice's  
**58TH**  
BIRTHDAY

**Big  
Birthday  
Tea**

Hold your own  
Big Birthday Tea  
and help Linda care  
for Strathcarron  
Hospice Patients

Supported by Solicitors for  
Older People Scotland

CentralM SOLICITORS FOR  
OLDER PEOPLE  
SCOTLAND

Strathcarron  
HOSPICE

www.strathcarronhospice.net

Hold an afternoon tea, coffee morning or bake sale at home, work or in  
the community and raise funds to support Strathcarron Hospice. For more  
information or to register for your fundraising pack, visit strathcarronhospice.net

Registered Charity No: SC006704

Making every moment count



**2019** Learning  
Disability  
Week

The logo for 'fast forward' features the text in a bold, black, sans-serif font. A blue swoosh starts above the 'f', arches over the 'a', and ends with a grey sphere. Another blue swoosh starts below the 'd', arches under it, and ends with a grey sphere.

**fast forward**

# The Gambling Education Hub

Free training and support to organisations working with young people and families across Scotland.

A close-up photograph of a hand reaching towards two dice on a wooden surface. One die is red and the other is blue. The background is blurred, showing a person's face.

**The mission of the Hub is to make it possible for every young person in Scotland to have access to gambling education and prevention opportunities.**

**BeGambleAware.org**<sup>®</sup>

## Youth Work Sector

The Hub regularly organises **regional CPD events** across Scotland. Additional sessions and bespoke trainings can be arranged according to need and demand.

The Hub also runs the **Gambling Education and Prevention Small Action Fund**: a new funding stream available to youth groups aged 12 - 25, who can apply for up to £250 to design and implement their own local gambling education initiatives.

## Youth Employability Sector

The Hub offers **CPD sessions and support** to address youth gambling and problem gambling within youth employability programmes. Training includes links to other risk-taking behaviours and financial issues affecting school leavers and young adults.

Youth employability services can also request **up to 3 free gambling education sessions for their groups of young people**, delivered with a follow-up debrief to discuss any additional needs.

## Secondary Schools

The Hub continues to engage with secondary schools, through **teachers' training**.

The CPD offer supports teachers to include gambling education and prevention during **for senior pupils** moving into further education or employment.

In Spring 2019, the Hub will deliver **a schools tour of the peer theatre performance of "Flutter"** to a number of selected schools.

## Colleges and Universities

The Hub offers support to Universities and Colleges to identify ways to provide effective support to students regarding gambling-related harm, e.g. by **promoting materials and using their online presence to raise awareness**.

We also provide **bespoke training and support to staff**, e.g. student welfare officers and student association officers, at key times over the academic year. This is being piloted in Aberdeen in 2018, it will then be rolled out across Scotland.

The Hub offers tailored **support and training** to organisations across Scotland that work with families, parents and carers.

This includes consultancy in **developing and disseminating information and materials** to be shared with parents and carers.

Our work promotes awareness about the impact of gambling on families, and provides advice regarding talking about gambling with young people.

**For any question or enquiry, please contact  
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at [chiara@fastforward.org.uk](mailto:chiara@fastforward.org.uk)  
or 0131 554 4300**

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**BeGambleAware.org<sup>®</sup>**