

Community News Sheet

Update on community issues

February 2019

Welcome

Welcome to the February edition of Stirling Council's Community News Sheet. This is a free news sheet from Stirling Council's Community Engagement Team which includes a variety of information gathered from different sources and organisations that we hope groups and communities will find useful. We endeavour to ensure all information is accurate and up-to-date. We can also include information about community activities and topics, please feel free to email us any contributions.

If you have any questions or would like to know more, please contact us: communityengagement@stirling.gov.uk

Community News Sheet – please tell us what you think

Thank you if you have taken part in the survey. The survey will remain open until Friday 15 March 2019 to allow for more groups and organisations to provide feedback.

Please give us 5 minutes of your time to answer a few short questions about how the News Sheet could be improved <https://www.surveymonkey.co.uk/r/CETNews>

The Community Engagement Team is keen to expand the mailing list and get the News Sheet out to those who would find it useful. If you know of anyone who would be interested in receiving the News Sheet please feel free to send it on to them or ask them to get in touch with us at communityengagement@stirling.gov.uk

Thank you.

Community Council Elections



In November 2018, 30 out of 42 Community Councils successfully formed across the local authority area, establishing a formal tier of local democracy to represent the voices of local people in their communities.

Elections were held in February 2019 to give the 12 areas a second chance to form a Community Council.

Seven new Community Councils will be formed for:-

- Balquhidder, Lochearnhead & Strathyre
- Drymen
- King's Park
- Kippen
- Thornhill & Blairdrummond
- Throsk
- Torbrex

The following areas had more nominations than places and will go to Ballot:-

- Killin
- Riverside

There were not enough nominations in Buchanan, Hillpark & Milton or Plean to form a Community Council.

For more information visit -

<https://www.stirling.gov.uk/community-leisure/about-community-councils/community-council-elections/>

Digital Participation Charter Fund Opens for New Round

Supported by the Scottish Government and BT, this fund invests in community digital participation projects across Scotland.

Grants of up to £10,000 are available to help a range of organisations tackle poverty, social isolation and other forms of inequality in society through embedding essential digital skills development work in day-to-day activity with their service users.

The projects that we're supporting will enable groups and organisations to improve the digital skills of their members, digitise content and build networks so that they can continue to thrive in the digital world.

This round is focussed on two specific themes:-

- Supporting working age people to increase financial capability, employment and other economic outcomes.
- Supporting older and disabled people to reduce social isolation and loneliness.

Priority will be given to:-

- Projects which can demonstrate a track record of working with individuals who are facing issues such as poverty, social isolation and other forms of inequality.
- Projects where digital skills activity for their service users are embedded in the organisation's day-to-day activity.

The fund closes for applications **30th April 2019 (noon)**.

More information is available at: <https://scvo.org/digital/participation/charter-fund/call-for-funding>

Developing a Volunteer Culture

Developing an effective volunteer culture can have real benefits for your organisation.

This brand new one day course is the only training currently available in the UK, that offers you the chance to focus on developing an effective volunteer culture within your organisation.

By the end of the course you will be able to:-

- Explain what is meant by organisational culture.
- Recognise how aspects of culture might impact upon someone's experience of volunteering.
- Identify the practical steps to take to change organisational culture and develop a volunteer culture within your organisation.
- Engage, empower and influence others to get support throughout your organisation.

All training days begin at 10am, finish at 4.15pm and are delivered in the Stirling at Volunteer Scotland offices.

- 14th March 2019
- 9th May 2019
- 24th July 2019

The total cost for this one day course including lunch is:-

- Organisations with an income of £100,000 or less per annum: **£45 per person.**
- Organisations with incomes between £100,000 and £500,000: **£65 per person.**
- Organisations with incomes over £500,000: **£105 per person.**
- Individuals not connected to an organisation cost: **£45 per person**



Book your place at -

<https://www.volunteerscotland.net/for-organisations/training-courses/volunteer-management-leadership-training/developing-a-volunteer-culture/>

The National Lottery Community Fund Scotland

The Big Lottery Fund will now be known as The National Lottery Community Fund.

The new name reflects their commitment to working more closely with communities and the fact that they are proud to distribute funds raised by National Lottery Players.

While they might have a new name, they've been working to get closer to communities here in Scotland over the last couple of years. Working more locally means they're better placed to put people in the lead, and when that happens – communities thrive.

More information is available at:

<https://bigblogscotland.org.uk/2019/01/29/the-national-lottery-community-fund-scotland/>

National Lottery Heritage Fund

The National Lottery Heritage Fund Scotland launched its new Strategic Funding Framework 2019-2024 at Surgeon's Hall in February 2019. The launch introduced the new framework, programmes, priorities and included its new name and branding.



At the National Lottery Heritage Fund the aim is to better connect the funding on offer and the projects supported with the source, the National Lottery players, while also striving to better serve Scotland's heritage. You can discover more about the new-look organisation at their website www.heritagefund.org.uk

In the coming months Heritage Fund team will be hosting workshops across the country to help your colleagues and the wider sector discover more about their funding under the new framework, including introducing their outcomes and priorities. These events are free to attend but places are limited

27th March	Dumfries and Galloway
27th April	Glasgow SOLD OUT
2nd May	Inverness
14th May	Dundee

Places can be booked through ticket source

<https://www.ticketsource.us/heritagefundscotland>

In the meantime if you have any questions about their work or the new funding framework please do not hesitate to get in touch with the Scotland team on 0131 225 9450 or at

<https://www.heritagefund.org.uk/in-your-area/scotland>

Postcode Community Trust

Postcode Community Trust focuses on improving health and wellbeing through grassroots sports, reducing isolation, arts and physical recreation. Funding is granted between £500 and £20,000 but only registered charities can apply for greater than £2,000.

Applications are assessed over 2 stages; Stage 1 is open from 31 July – 14 August, and Stage 2 from 11 September – 25 September. More information is available at: www.postcodecommunitytrust.org.uk

Tesco Bags of Help Centenary Grants

To mark their 100th year, Tesco have launched Bags of Help Centenary Grants. Applications are now open for grants up to £25,000 for a broad range of projects that will provide community benefit across a whole region, or a significant part of it. Scotland is divided into five special regions where customers can vote for their favourite project:-

- Highland and Islands / North East Scotland
- Mid Scotland
- West Scotland
- Central Scotland
- South Scotland

Grants will be awarded to not for profit organisations including registered charities, community interest companies, health bodies, local authorities and social housing providers.

Three projects in each region will be voted on by customers in Tesco stores throughout Scotland - in July/August and November/December 2019. Following the vote, the project that receives the most votes in the voting region will receive a grant of £25,000, second place receiving £15,000 and third place £10,000.

The July/August 2019 voting period will feature projects with a Health and Wellbeing theme, and projects focussing on cancer, heart disease and diabetes will be prioritised.

Applications are assessed by Groundwork to ensure they are eligible. Tesco colleagues will shortlist the projects to determine which go forward to the customer vote.

More information including how to apply, is available at: <http://bit.ly/centenarygrantscot>

LEAP Sports Festival Fortnights '19 small grants

This small grants scheme allows sports groups and community groups a small resource of £500 to put on an event as part of the LEAP Sports Festival Fortnight from 17-30 June 2019.

The festival aims to increase the visibility and participation of lesbian, gay, bisexual, transgender and intersex (LGBTI) people in Scottish sport.

Deadline for applications is 6 April 2018.

More information is available at <https://leapsports.org/news/FF19-grants>

Cash 4 Clubs

Cash 4 Clubs invests in communities through sport. They have a passion for supporting local sports clubs and recognise the power that sport can have in communities to enhance local pride and support healthy lifestyles. They make awards of £500, £750, £1000 and £10,000.

For more information visit <https://cash-4-clubs.com/about>

Forth Valley Kinship Care event



When: **Friday, 22nd March, 11am - 3pm**
Where: **The Albert Halls, Dumbarton Rd,
Stirling FK8 2QL**

Choose from a programme of workshops and activities all designed with Kinship Carers in mind, including:-

- Finding your voice: developing the confidence to advocate for the children you care for when communicating with professionals (A Creative Skills workshop with Starcatchers)
- Time to relax: learn about the benefits of yoga with Terezka
- Explore your own creativity in a colourful and fun music session with Creative Kin Coordinator, Fraser Stone
- Health Rights and Information: A taster session into what information you may have access to as a Kinship Carer with Anne Wilson
- Responding to Children's Behaviour 'Why do they do that and how to respond' A Brief Insight into Children's Behaviour with Kate Rhee
- Conflict Resolution: dealing with conflict within families with Andrew Boyd of Scottish Centre for Conflict Resolution

Lunch will be provided and crèche facilities will be available if required*

Watch the creative adventures of Kinship Carers and children in North Ayrshire and Moray in Starcatchers' short film about their project 'Creative Kin'.

To register for the event, please contact linsay.robertson@cas.org.uk or phone 0131 550 1000 ext 6104 and provide:- your name, details of any children who will require crèche facilities and any dietary requirements.

Human Trafficking and Exploitation Awareness Training 12th March 2019



Hope for Justice Training and Development Officer, Alister Bull will provide Human Trafficking and Exploitation Awareness training at Alloa Town Hall for Forth Valley residents and workers. On completion of this training session you will be able to:-

- Explain what Human Trafficking and Exploitation is and identify the different types that exist;
- Recognise the signs and indicators of Human Trafficking and Exploitation;
- Respond appropriately to a case / victim of Human Trafficking and Exploitation.

Hope for Justice deliver high quality, award winning, interactive training to ensure you will have the skills needed to successfully identify victims or cases of Human Trafficking and Exploitation and respond appropriately. For further information on Hope for Justice please visit their website hopeforjustice.org

Book your place at -

<https://www.eventbrite.co.uk/e/human-trafficking-and-exploitation-awareness-training-tickets-55907744569>

MEAL
MAKERS



Know an older person who would appreciate a weekly home cooked meal and some company?

Meal Makers have got cooks looking for diners in your area.

If you know an elderly person (55+ years) who could benefit from a home cooked meal and some company once a week then please complete this short referral form -

<https://www.mealmakers.org.uk/Home/Contact>

or if you would prefer to refer on the phone please call us on 0800 783 7770.

Meal Makers are particularly looking for diners in the following postcode areas:- **FK8**

Postcode (Aberfoyle, City Centre, Gargunnoch, Kippen), **FK9** (Bridge of Allan), **FK15** (Dunblane), **FK16** (Doune) and **FK17** (Callander).

Frequently Asked Questions:-

- *How does the meal share work?*

Meal Makers Cooks would arrange a date and time with the Diner to arrange their weekly meal share. Then they would plate up an extra portion of the meal they're making that night and deliver it to the Diner to share.

- *What happens if I refer someone and you don't have a Cook in the area?*

Meal Makers would contact you and notify you of this and add the Diner to a Waiting List. Once a suitable Cook becomes available Meal Makers will contact them and arrange their first meal share.

- *Is there a fee for the service?*

Meal Makers charge a £5 per year membership fee which allows an unlimited amount of meal shares.

- *Can I refer someone over the phone?*

Yes. Please call 0800 783 7770 (9am - 4:30pm, Mon - Fri)



Legal Home Visits Service

Solicitors for older people Scotland have announced the introduction of a Home Visit service to older clients and clients with sensory deprivation. The service allows clients to be seen at home for legal work rather than having always to make arrangements to visit the solicitors' office.

The service will be available over all of the Central Belt where most of the groups 31 member firms are located. There will be no extra charge to clients and all clients will be assessed for legal aid.

Commenting on the service Vivienne Malcolm of SOPS said:-

"Actually we have always offered the service to vulnerable people who clearly couldn't travel. But we came to realise lots of older folk who could not be classed as vulnerable and would never ask for a home visit – still had to make a massive effort to get to a solicitor's office. Not everyone lives on a bus route and once we started looking at this we found many folk might need to take most of their day travelling to and from an interview which itself might only take forty minutes or so. Most solicitors have cars, can get around quickly, and it just seemed sensible to reverse things and let the solicitors do the travelling. We've been trialling this for a year now – and it works well. So we are just launching the service publically now and I think it will prove pretty popular."

To access this service phone Solicitors For Older People Scotland on 0800 037 0526.





Youth Link Scotland are a strategic partner for #iwill in Scotland, leading the campaign with Young Scot and Education Scotland.

They would like to invite you join them in making a pledge to be part of #iwill.

This UK-wide #iwill campaign aims to encourage and empower more young people to make a difference to their community and to causes they care about through activities such as volunteering, fundraising, campaigning and mentoring. Young people in Scotland are leading the way and are already making a significant impact, but there's more we can do.

What could your organisation do to contribute to increasing the number of young people getting involved? How can you widen opportunities so that more young people can make a difference?

Examples of things you can pledge to support #iwill include:-

Offering volunteering opportunities to young people

- Committing to recruiting a young person to your charities Board of Trustees
- Promoting and celebrating the positive role young people can play through social action
- Ensuring young people have a voice and are represented in decision-making
- Committing staff volunteering time to support activities that help young people to get involved e.g. youth projects
- Offering training to the Scottish #iwill ambassadors – in public speaking, media or other relevant skills
- Committing to promote the campaign through your media channels and your networks
- Supporting research into young people's involvement in making a difference
- Offering venues, technical expertise or catering for events associated with the #iwill campaign in Scotland and across the UK

There are many different ways that your organisation could contribute to the #iwill campaign. YouthLink Scotland can work with you to help to identify what your contribution can be.

To discuss your pledge please contact Liz Green at iwill@youthlinkscotland.org or call on 0131 313 2488.

CHAS Need Volunteers

Children's Hospices Across Scotland (CHAS) are looking for Home Support Volunteers to join their exciting Home Support Service.



Caring for a child with a life-shortening condition is a full-time job for parents/carers. CHAS know that families would appreciate some help in their homes with practical tasks and sibling support. Practical tasks may include help with some cleaning, ironing, shopping and/or dog walking – practical tasks can vary as they are dependent on the family's needs and each family is unique. Siblings of children with life-shortening conditions need extra support too with fun activities, playing, homework and/or drop off and pick up from local clubs or groups.

Does this sound like something you could help the families with?

If you can spare between 2-4 hours weekly to visit a family in their own home please get in touch.

At present CHAS are looking for volunteers covering the Stirlingshire area and are looking to start the volunteer training course in March 2019. This is 4 x 3 hour sessions over four consecutive weeks.

If you are interested in finding out more please contact Kristina Piggott on 01577 865777 or email kristinapiggott@chas.org.uk for further information.

There is also further information about all our volunteering opportunities on the website click here - <https://www.chas.org.uk/get-involved/volunteer/volunteer-opportunities>

A consultation on fireworks in Scotland: Your experiences, your ideas, your views

Fireworks are traditionally associated with festivities which celebrate events that are important to different communities across Scotland. Fireworks can bring colour and excitement to the special occasions that are important to us.

However, fireworks are potentially dangerous and need to be used safely and handled with care to avoid serious injury. For some, the noise made by setting off fireworks can be a nuisance, and the disturbance can cause distress to both people and animals.

While much of the current legislation on fireworks is reserved to Westminster the consultation will help to identify gaps, issues or unintended consequences with the current regulatory framework.

The Scottish Government is gathering information and views on the use and regulation of fireworks in Scotland. They would like to hear any views you have on whether the regulations on how fireworks are used needs to be improved.

The consultation paper here -

<https://www.gov.scot/publications/consultation-fireworks-scotland-experiences-ideas-views/>

The consultation technical annex here -

<https://www.gov.scot/publications/consultation-fireworks-scotland-experiences-ideas-views-technical-annex/>

Scottish Government is hosting a series of engagement events where individuals, communities and professionals are invited to come along to give their views.

Events will provide an opportunity to explore and discuss the use and impact – both positive and negative – of fireworks use in Scotland. This is an excellent opportunity for those with an interest in discussing views and ideas on what action can be taken to ensure fireworks continue to be enjoyed safely and responsibly.

Sign up for a fireworks consultation event near you.

<https://www.eventbrite.co.uk/o/scottish-government-17009421281>

The consultation document is available at -

<https://consult.gov.scot/safer-communities/fireworks/consultation/subpage.2016-07-07.1474135251/>

The consultation closes on Monday 13 May 2019.

For more information contact 0300 244 3995 or email FireworksConsultation@gov.scot

If you are receiving this News Sheet you are part of the Community Engagement Team's mailing list. We collect, use and store your information in order to support the community development needs of you and your organisation.

Your information will be kept secure and not shared with other Council services or Partners. You have various rights with respect to your personal data, including the right to access a copy of what we hold about you; have it changed or removed. If you no longer wish to receive this information, please contact the Community Engagement Team on 01786 233076 or email communityengagement@stirling.gov.uk



Diploma in Relationship Counselling

- COSCA Validated Rectangular Snip
- Edinburgh Napier University credit-rated course
- Qualifies counsellors to work with individuals and couples
- Supervised practice placements across Scotland
- Relational Course integrating Psychodynamic, Systemic and Adult Sexuality theories.
- 5 modules, delivered mainly at weekends, over two and half years in central Edinburgh

The next course runs from Sept 2019 to December 2021

[Applications now open](#)

Taster Evening Thursday 21st March 6pm-8.30pm at
Relationships Scotland 18 York Place, Edinburgh.

For more details contact the course administrator at:

liz.thackwray@relationships-scotland.org.uk

or

Download Prospectus from the website:

www.relationships-scotland.org.uk

Phone: 0345 119 2020

Quotes from Students:

"Stimulating, challenging, well thought out, excellent."

"The course was different from any previous experience of training. I could not have anticipated the depth of learning, both personally and professionally, that I experienced."

"The Relationship Counselling course was a truly life changing experience – it gave me an insight into all my human relationships. At the same time, it's given me an exciting new career."



Scottish Government
Riaghaltas na h-Alba
gov.scot

Reducing Oral Health Inequalities

Oral Health Community Challenge Fund

July 2019 – March 2022

The Scottish Government has committed £2.5 million to reduce oral health inequalities in Scotland until March 2022.

Grants between £7,000 and £30,000 per annum for up to 2 years and 9 months are now available to small to medium-sized third sector organisations working in areas of multiple deprivation in Scotland.

About the Community Challenge Fund

The aim of the Community Challenge Fund is to enable small to medium size third sector organisations within areas of multiple deprivation to undertake projects to reduce oral health inequalities and support better early years oral health, which in turn will support existing measures to reduce the number of young children having a general anaesthetic for tooth extraction.

Eligibility Criteria:

Applicants must contribute to one of the following fund outcomes:

1. Improve infant oral health
2. Reduce oral health inequalities amongst people most at risk
3. Increase opportunities for people to improve oral health and well-being

Applicants are expected to focus on initiatives which will:

- Deliver infant oral health projects that meet the needs of the disadvantaged community and promote wider family involvement.
- Bring the community in and deliver oral and wider health improvement messages in an accessible manner that is inclusive to all.
- Promote infant oral health and measures that can be taken by families to ensure that they have the necessary information to maintain good oral hygiene.

Who can apply?

This is an open and competitive fund for:

- Third sector organisations (voluntary organisations or community groups) whose Board of Trustees or Management Committee are predominately volunteers. Organisations do not need to be registered charities, although their constitution/set of rules should make clear that funds will only be spent on purposes established in the constitution, and not distributed amongst members;
- Public bodies and partnerships where the lead partner is a third sector organisation.

How much can be applied for?

Grants will range between £7,000 to £30,000 per annum. In 2019/20, projects are eligible for 9 months of the annual limits. Applications for any combination of years will be considered.

What costs can I apply for?

Organisations can apply for costs directly related to delivery of their project, for example equipment, venue hire, child care costs, essential staff costs, publicity materials, training, travel, contribution to overheads etc.

What type of projects will the fund support?

The funding programme will support different types of interventions to tackle oral health inequalities and improvement in oral health and wellbeing, with a focus on pre nursery children, their families/ carers, expectant mothers and their wider community.

We expect the projects to introduce positive lifestyle choices which can affect oral health and wellbeing. Projects may link to a range of health initiatives such as local food cooperatives, cooking skills development, breast and infant feeding support or link with wider social factors such as welfare benefit support, physical activity and child obesity.

The fund will support new activities and expansion of existing activities.

What is the funding period?

The funded activities should take place within the funding period 1 July 2019 to 31 March 2022.

How to apply?

Application and Guidance notes, including full details of eligibility and how to apply for the grant, can be accessed from the Scottish Government website at <https://www.gov.scot/publications/oral-health-community-challenge-fund>

The deadline for applications is midday on Thursday 21 March 2019.

For enquiries contact the Chief Dental Officer and Dentistry Division by email ccfenquiries@gov.scot or phone Elizabeth McLear on 0131 244 1817

Scottish Government
Directorate for Population Health
Chief Dental Officer and Dentistry Division
1 East Rear, St Andrews House
Regent Road | Edinburgh
EH1 3DG
Telephone: 0131 244 1817
Email: ccfenquiries@gov.scot

Supported by Impact Funding
Partners (formerly Voluntary Action
Fund)





Stirling Council invite you to an engagement event on all aspects of local energy
We're looking for your input; thoughts; concerns; feedback; and ideas from local community perspectives – pop along to chat or find out about local energy topics and how we can work together to improve local areas

Community Energy Projects

Advice on Reducing Energy Bills

Community Energy Priorities



Energy Efficiency



Resource Use

Grants & Support Available



Renewable Energy

Community Funding



Come along and join us at our local community drop in events:

Balfron: Tuesday 12th March, McLintock Hall

Stirling: Thursday 14th March, Albert Halls

Callander: Monday 18th March, Callander Youth Project

Drop in events are on between 3pm and 7pm



Sustainable Transport & Electric Vehicles

We want to know what's important to you to work together to find local solutions

